



#### Introduction

This pre-visit tool is designed for parents, caregivers, and teachers of individuals with autism spectrum disorder and other sensory sensitivities. We hope to provide you with as much information as possible about Naples Botanical Garden in order to make your visit as special and enjoyable as possible.

#### **General Garden Considerations**

- Visit the Garden's website, <u>www.naplesgarden.org</u>, to purchase tickets in advance, learn about upcoming events, and seasonal hours.
- Certain times of day, such as lunchtime, can be busier than others. If your child or loved one is sensitive to crowds, perhaps consider visiting around opening or closing time.
- If you are planning on eating at the Garden's Fogg Café, view their menu ahead of time on the Garden's website. They have many delicious selections, but some might not be appropriate for picky eaters.
- Be aware of where your child or loved one is at all times. There are many places to hide and several path options throughout the Garden. After entering the Garden, choose a place to meet in case you get separated.
- It might be a good idea to give your child a 15-minute warning before you intend to leave. However, if there is lightning in the area, you will need to seek shelter immediately.

#### **Paths**

There are many different textured paths throughout the Garden, most of which are ADA compliant. All the main paths are wheelchair accessible and made of:



Other paths in the Garden, which are not wheelchair accessible, are made of:



### **Sensory Considerations**

- Prepare your loved one for adverse weather conditions before visiting the Garden. This includes hot
  and rainy conditions. Throughout the Garden there are benches, shade structures, and water fountains
  to optimize guest comfort. Restrooms and water bottle filling stations are located by the Fogg Café
  and Visitor Center.
- Wildlife such as insects, birds, and snakes are found throughout the Garden. Prepare your loved one that they may encounter these animals.
- Waterfalls in the Kapnick Brazilian Garden, Scott Florida Garden, and Lea Asian Garden can be loud at times. Occasionally, Garden staff will be using loud machinery or equipment.

Example Activity #1: Go for a walk in your yard or other familiar outdoor setting. Talk about what you feel, smell, hear, and see. Discuss how plants provide food and homes for many animals – including us! Explain that plants are alive and, like us, they need nutrients, water, air, and light to grow. While experiencing outside can sometimes make us feel uncomfortable, it's okay because nature keeps the plants and animals happy.

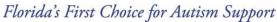
#### **Behavior Considerations**

- Visitors can touch plants but cannot pick up or pull-on plants. This is important as some plants can be harmful when ingested. If this is a concern, plants in the Buehler Enabling Garden are safe to explore, as they are void of sharp and toxic materials.
- There are some areas where your child or loved one might need to wait in line or take turns. Tickets should be purchased ahead of time on the Garden's website, <a href="www.naplesgarden.org">www.naplesgarden.org</a>. However, you may still have to wait in line to enter the Garden.
- Dogs in the Garden occurs on Sundays and Tuesdays from 9:00am to 11:00am. Dogs can walk on a leash in all outdoor Garden spaces, but they are not permitted indoors (Note: Service dogs are exempt from these rules).
- Most of the gardens feature bodies of water, many of which border a path. Some walkways, such as those
  in the Kapnick Brazilian Garden and Lea Asian Garden, do not have bumpers between the path and the
  water. It can be tempting to wade in or throw things into the water features, but that is not allowed.

Example Activity #2: Explore a plant together. What colors or shapes do you see? Touch its leaves and talk about how it feels. How do you think it grows? Explain the difference between touching and pulling. Discuss how a plant is alive and we want to respect it and not hurt or kill it by ripping off its leaves or flowers.









Naples Botanical Garden has collaborated with the Center For Autism & Related Disabilities at the University of South Florida to provide this pre-visit tool.

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